Eastern Canada’s four largest cities each boasts a personality and culture unique to itself. Toronto is the most populous city in Canada and the provincial capital of Ontario. Toronto is well known for its skyscrapers and high-rise buildings, in particular the tallest free-standing structure in the Western Hemisphere, the CN Tower. Ottawa is a cosmopolitan city that has at its center, Parliament Hill, with grand Victorian architecture and renowned museums. Quebec City, dating to 1608, retains its fortified colonial core, Vieux-Québec and Place Royale, with narrow streets, stone buildings and a European feel. Montreal is the largest city in Quebec. Montreal uniquely reflects Old World charm and the sophistication of a modern, bustling city. It is renown for fashion, festivals and fine dining. Located along the peaceful border between Northern New York State and Southeastern Ontario, the 1000 Islands is a region of endless shorelines, rich history and unique culture. This region was named after the 1,864 islands that are nestled within this scenic international waterway. This vacation is one that will surely enlighten all of your senses! Bienvenue Canada-----You’ll say oui, oui, oui all the way home!
Day One:

Arrive by 1:00 pm at the Table Rock Welcome Center located in the heart of the Niagara Falls Park. Here you will stand close to the thundering water rushing over the brink of the Horseshoe Falls. Take in the amazing views and have an afternoon snack (on your own) at one of the eateries in the Table Rock Food Court.

Depart Table Rock late afternoon and travel to “the prettiest town in Ontario,” Niagara on the Lake. This well-preserved 19th century village is the heart of Ontario’s wine region and many historic sites. Stunning vistas and distinctive experiences are what make Niagara-on-the-Lake a quiet paradise for the senses. The Heritage District is made for walking, with its boutique shops, cast-iron planters bursting with flowers and horse-drawn carriages transporting riders to another time and place.

Once you have checked into your hotel and have had a chance to relax and refresh, venture out to explore the Heritage District. Enjoy the unique shops and galleries and gaze at the amazing architecture. Gather for an included dinner served at a locally owned restaurant.

Day Two:

After breakfast in the hotel, board the coach and travel to Toronto. Meet your local guide and embark on a 2-hour walking/windshield tour of this lovely city. See sites such as: China Town, Queen’s Park, The Skydome, Eaton Center, Harborfront, trendy Yorkville, the Distillery District, the Financial District and more.

Your tour will end at the Kensington Market, a pedestrian bohemian neighborhood. The Market is home to an array of indie shops, vintage boutiques, specialty grocers, cafes and international restaurants. Have lunch on your own as you take in the ambiance of this special place.

The next stop is at the Royal Ontario Museum, one of the largest museums in North America and the largest museum in Canada. The museum contains notable collections of dinosaurs, minerals and meteorites, Near Eastern and African art, Art of East Asia, European history and Canadian history. It houses the world's largest collection of fossils from the Burgess Shale, with more than 150,000 specimens. The museum also contains an extensive collection of design and fine arts, including clothing, interior and product design, especially Art Deco.

Depart the museum late afternoon and travel a short distance to your hotel. There will be time to relax and refresh before you head out for dinner.

Arrive at the CN Tower where in just 58 seconds, you will find yourself at a height of 1,136 feet overlooking breathtaking views of Toronto. A most memorable dinner is served at the 360 Restaurant located on the Lookout Level of the Tower.
Day Three:

After breakfast served at the hotel, pack your bags and check out. Today, you will travel to Canada’s capital city, Ottawa.

Before departing Toronto, visit Canada’s majestic castle, Casa Loma. Begin your tour when you step back in time to a period of European elegance and splendor. The former home of Canadian financier Sir Henry Pellatt, Canada’s foremost castle is complete with decorated suites, secret passages, an 800-foot tunnel, towers, stables and beautiful 5-acre estate gardens.

With a comfort stop and lunch, (on your own), along the way, arrive in Ottawa late afternoon. Stretch your legs with a visit to the renowned Byward Market, Canada’s oldest and largest public market and the city’s premier destination for shopping, dining, arts and entertainment. The architecture and variety of shops and boutiques are simply amazing.

Check into your downtown hotel located in the heart of Canada’s capital city. This historic landmark, with its eye-catching art-deco style, is a leader among the downtown hotels. Refresh and relax before dinner.

Take a short walk from the hotel and through the historic district to your dinner destination. This charming restaurant is a favorite of locals and visitors alike.

Day Four:

Enjoy a full, hearty breakfast in the hotel before you board the coach and head out with your local guide for a 2-hour Ottawa windshield tour. The costumed guide, portraying a historical character, will show you the capital, the Eternal Flame, the lookout at the Museum of Civilisation in Hull, the Prime Minister’s residence, Rideau Hall, the Rockcliffe District and more.

Next, meet an official guide and embark on a guided tour of Canada’s Parliament Buildings. This gorgeous Gothic-style structure overlooks the Ottawa River and sits on top of Parliament Hill. There are hundreds of individual gargoyles, grotesques, reliefs and bosses carved into the stonework of the buildings.

Depart Parliament and walk down the hill to the Byward Market. Have lunch on your own at one of the charming, locally-owned eateries.

Next, arrive at the Canadian Museum of History, one of the most visited museums in the country. The Museum links the past, the present and the future. Marvel at the world’s largest indoor collection of totem poles and explore the traditions and achievements of Canada’s first people.

Travel across the bridge to the Jacques Cartier Park and embark on a 75-minute narrated cruise on the Ottawa River. Your cruise will take you by the National Arts Center,
University of Ottawa, Parliament, Notre Dame, Rideau Falls, Victoria Island, various Embassy Buildings and more!

Dinner is on your own this evening. Find your new favorite restaurant in the Byward Market or at one of the quaint eateries near the hotel.

**Day Five:**

After a hearty breakfast at the hotel, check out of your rooms and board the coach. Before you leave Ottawa, you must visit Rideau Hall, where since 1867, it has been the official residence in Ottawa of both the Canadian monarch and his or her representative, the Governor General of Canada. This nationally significant heritage property is owned and managed by the federal government on behalf of all Canadians. During your tour, you will visit the staterooms where the Governor General fulfills official duties welcoming dignitaries and honoring Canadians. The residence is home to a magnificent collection of Canadian art and furniture.

Depart Rideau Hall and begin your travels to Quebec City. With comfort stops and lunch, (on your own), you will arrive in Quebec City late-afternoon. Meet your local guide and embark on a 2-hour walking/windshield orientation tour of this historic city. During your tour you will witness sites such as the Plains of Abraham, Cape Diamond, The Joan of Arc Garden, Parliament, Place d'Armes, Old Quebec, Place Royal and more!

Check into your hotel located in the heart of the historic and culturally vibrant, Old Quebec City. There will be time to relax and refresh before the evening’s activities.

Gather for dinner at an historic restaurant located in the charming Petite Champlain Quarter. Enjoy magnificent views of the St-Lawrence River and the Chateau Frontenac while dining on casual fare. After dinner, there will be time to walk around Petite Champlain and to ride the Old Quebec Funicular, a funicular railway that connects the Upper Town to the Lower Town. As you travel at a 45-degree angel, you will have amazing views of the surrounding area.

**Day Six:**

After a full American Breakfast Buffet served in the hotel, explore the La Citadelle. Nicknamed the “Gibraltar of America,” the citadel was built between 1820 and 1850 and is the largest British fortress built in North America. Located at the top of Cape Diamond, the highest natural point in the area, you will learn about its critical role in the city’s defense system. Your guide will take you back to the French Regime and return to the present day with stops at historic structures like the Cap Diamant Redoube (1963), the French powder magazine (1750) and the military prison (1842). After your tour, there will be time to explore the Royal 22e Regiment Museum. Enjoy an interactive experience while exploring the architectural heritage of the fortress and the regiment’s history through interviews, video archives and interactive battle maps.
Next, prepare yourself for another memorable experience. Step back in time with a visit to the Huron-Wendat Reservation. This authentic reconstruction of a Huron village is a window into the history, traditions and ways of life of the Huron-Wendat Nation. Your visit begins with a guided tour of the Long House (Huron’s traditional housing), the smokehouse and drying tent, the sweating tent and the giant tee-pee. You will also learn of the history, food, transportation, religion and medicine of the Huron people. Climb into a large canoe and listen as your guide tells you about the traditional means of transportation and the methods of making of canoes and snowshoes.

Next, learn about the Medicine Wheel, a tool that was commonly used in ceremonies, teachings and therapies by the native people of North America. Made of deer leather and goose and pheasant feathers, the medicine wheel is used to chase away illness. The cross represents the four cardinal points and intends to protect each and every home around the world and the caribou bones are a symbol of luck. Many cultures have used the medicine wheel or circle-like structures as magical and sacred ways of organizing and passing on understanding, knowledge and information about existence. You will have the opportunity to make your own medicine-wheel to bring home!

Your visit also includes lunch, or a “traditional meal” consisting of a Soup of the Day, Bannock (Indian Bread) and a Bison Burger served with Potatoes seasoned with Fresh Herbs, accompanied by Seasonal Vegetables. Dessert is Algonquin Cake with a Burnt Sugar Sauce. The beverage is Mint Herbal Tea.

Mid-afternoon, return to the Old City and embark on a guided tour of the Fairmont Le Chateau Frontenac, Canada’s most beloved hotel and the most photographed hotel in the world. As you explore this castle-like hotel that stands high on a bluff overlooking the mighty St. Lawrence River, you will learn of the historical events that have shaped the identity of the Frontenac over the years, as well as its architectural development.

After your tour, you will be treated to an afternoon tea at the Frontenac. You’ll feel like royalty when you sip tea served with biscotti, chocolate and pastries!

Return to the hotel to refresh and relax before dinner.

You are in for a real treat when dinner is uniquely served in a “Cabane a Sucre,” or Sugar Shack, affording an experience that will give you an authentic taste of life in Quebec. This sugar shack takes its name from the 18th century highway that crosses the grounds (Le Chemin du Roy is French for The King’s Way). Enjoy a traditional shack meal of Homemade Pickles, Homemade Bread and Butter, French-Canadian Pea Soup, Coleslaw, Baked Beans, Maple-smoked Ham, Potatoes, Pork Rinds, Pancakes with Maple Syrup and Maple Taffy on Snow. Dinner is followed by live entertainers who play traditional music and let you have a chance to play the spoons! Your visit also includes a guided tour of the Maple Sugar shack and the property.
**Day Seven:**

After breakfast at the hotel, pack your bags and board the coach. Before you leave Quebec, there is one last, “must see” attraction, The Augustinian Monastery.

Once off limits to outsiders, the monastery now welcomes the world. Le Monastère des Augustines, now a boutique hotel and museum, is a haven of heritage, culture and wellness. It is located in the historic wings of the Hôtel-Dieu de Québec monastery, from which emerged the first hospital on the continent north of Mexico.

During your tour, discover the community’s way of life, their work caring for the sick and how they balanced their traditional vocations for action and contemplation. When Sister Lise Tanguay first arrived at the historic Quebec City order in 1965, it was a closed community for the 170 nuns who slept and prayed there. They were truly cloistered and did not leave or go outside. They could only visit patients at the Hôtel-Dieu Hospital, which adjoins the monastery building. But since the boutique hotel opened last year, the 73-year-old nun shares the space with tourists from around the world. Now, its refurbished cells are fully booked and National Geographic Traveler has named it the Number One destination for a mental and physical reboot.

Depart the monastery and have lunch on your own in Quebec City. Enjoy time to explore the quaint neighborhood and to visit the shops and galleries.

Board the coach and depart for Montreal. Upon arrival mid-afternoon, meet your local guide and embark on a 2-hour walking/windshield tour of Montreal. Your tour includes admission to the Notre-Dame Basilica, and sites such as Ste-Catherine Street, St-Helen Island, St-Joseph’s Oratory, Jacques Carter and more!

Say goodbye to your guide and arrive at your hotel for a two-night stay. This full-service, four-star, hotel situates you just minutes away from the best that Montreal has to offer. There will be time to relax and refresh before you head out for the evening.

Board the coach and travel just down the street to an old-world restaurant has been serving delicious European specialties for over 38 years. The atmosphere in this rustic, cozy hideaway is seconded only by the amazing flavors from the kitchen.

**Day Eight:**

Enjoy a hearty breakfast at the hotel before you immerse yourself in the culture, cuisine and history of Montreal!

Start your day with a visit to one of the most beautiful destinations in the city, Montreal’s Botanical Gardens. With its collection of 22,000 plant species and cultivars, 10 exhibition greenhouses and some thirty thematic gardens, the Garden ranks as one of the world’s largest and most spectacular botanical gardens. You are certain to be captivated by the colors and fragrances from around the world.
By this time, you will have worked up an appetite. Arrive at the Jean Talon Market where you may enjoy lunch on your own. This European-style market has over 300 vendors. The open-air market is surrounded by other food businesses: meat, fish and cheese stores, bulk food emporia, dealers in spices and imported goods and bakeries. The displays, aromas and tastes will amaze you.

Travel into Montreal’s Old Port area and experience one of its newest attractions, the Observation Wheel. Climb aboard a climate-controlled gondola and enjoy a breathtaking panorama from a nearly 200-foot vantage point.

After your sky-high-ride, explore Old Montreal, a historical district that is a key part of the city’s cultural and economic life. Walk along the cobblestone streets past the some of the oldest buildings in Montreal. Visit the galleries and boutiques and witness the street performers. Sip a beverage or sample a delicious French pastry served at a sidewalk café.

Return to the hotel to refresh before your farewell to Canada dinner. A visit to Montreal would not be complete without dinner in a French restaurant. Tonight’s dinner is served at a crêperie, where you will savor the flavors of this traditional “flat pancake” rolled and filled with delicious ingredients.

**Day Nine:**

After breakfast at the hotel, bid “Au Voir” as you travel back into the USA. Arrive in Alexandria Bay, NY, a village located in the Thousand Islands region. Enjoy lunch on your own at one of the shore-side restaurants before you set out on a narrated, scenic cruise. This 2-hour cruise will take you on a 22-mile trip through American and Canadian waters – what is considered the “heart” of the Thousand Islands. Cruise through the narrow channels, over historic sunken wrecks and by magnificent summer homes of the rich and famous. As you cruise the waters of the mighty St. Lawrence River, your guide will share with you local, historical facts and folk lore as well as information about the area’s geology, environment and native wildlife.

Your cruise docks at Boldt Castle where you will disembark and explore this magnificent home. Located on its own heart-shaped island, Boldt Castle was built by entrepreneur, George C. Boldt. This 129-room replica of a Rhineland castle was built over the course of four years at the turn of the 19th century, for his wife as a summer home.

Board the shuttle ferry and return to the mainland. Board the coach and depart the bay area.

By this time you will be ready for some refreshment and the ideal stop is at the 1000 Island Winery, the largest farm winery in Northern New York State. It is located along the St. Lawrence River on a historic forty-acre farmstead established in 1836. The primary grape varieties being planted in the Thousand Islands Region were developed by the University of Minnesota.
Your visit includes a tour where you will learn about the wine making process and the history of the property. A tasting of 6 wines is served in the original 1923 Sears & Roebuck Barn! After your tasting, visit their on-site store where you may purchase cheese, crackers, snacks and of course, wine. End your visit with a souvenir wine glass.

Depart the winery and travel a short distance to your hotel, located right on the St. Lawrence River and offering amazing views that are surpassed only by the outstanding customer service. There will be time to relax and refresh before dinner.

Walk down the street to your dinner destination. Waterfront views and great food will create the ultimate atmosphere to reflect on your trip.

**Day Ten:**

Rise and shine to the beautiful sunrise and enjoy breakfast at the restaurant adjacent to the hotel. After breakfast, pack your bags and check out of your rooms.

Before you begin your travels back home, stop at the Antique Boat Museum. This museum has over 300 unique and beautifully preserved boats and thousands of recreational boating artifacts. See the 106’ houseboat, La Duchesse that brings the gracious river lifestyle of one hundred years ago to life. Built in 1903 for hotelier George Boldt, manager of New York City’s famed Waldorf-Astoria hotel, the houseboat has been in continuous use as an elegant summer residence ever since. Explore her luxurious interior and original furnishings, while hearing the story of this unique summer home.

Arrive in Sackets Harbor and visit the United Presbyterian Church with its beautiful Tiffany stained glass windows, pipe organ and ringing carillon! After your visit, have lunch on your own in historic Sackets Harbor.

Continue your travels home.

**Your Package Includes:**

- 9 Nights accommodations
- 8 Breakfasts
- 1 Lunch
- 8 Dinners
- Visit to Table Rock Welcome Center
- Time to explore Niagara on the Lake
- 2-Hour Toronto City tour led by a local guide
- Visit to the Kensington Market in Toronto
- Admission to the Royal Ontario Museum
- Admission to the observation deck at the CN Tower
- Guided tour of Casa Loma
- Time in Ottawa’s Byward Market
• 2-Hour Ottawa City tour led by a local guide
• Guided tour of the Parliament
• Admission to the Canadian Museum of History
• Narrated cruise on the Ottawa River
• Guided tour of Rideau Hall
• 2-Hour Quebec City orientation tour led by a local guide
• Time in Quebec City’s Petit Champlain Quarter
• Ride on the Funicular
• Guided tour of the La Citadelle
• Guided tour of the Traditional Huron Reservation including a hands-on Medicine Wheel workshop
• Guided tour of the Fairmont Le Chateau Frontenac
• Afternoon tea at the Fairmont Le Chateau Frontenac
• Tour of the St. Augustinian Monastery
• 2-Hour Montreal City tour led by a local guide
• Admission to Montreal’s Botanical Gardens
• Visit to the Jean Talon Market
• Ride on the Observation Wheel in Montreal
• Time to visit Old Montreal and the Old Port District
• Narrated 2-Nation Cruise on the St. Lawrence River in Alexandria Bay
• Admission to Boldt Castle
• Ferry Shuttle from Boldt Castle to the mainland
• Tour and Taste at the 1000 Island Winery
• Admission to the Antique Boat Museum
• Visit to the United Presbyterian Church in Sackets Harbor
• Baggage service for one piece of luggage per traveler
• Round trip, private motor coach transportation upon arrival in Buffalo
• Accommodations, baggage and group meals for the coach driver
• Overnight parking fees for the motor coach in Ottawa and Montreal
• Taxi service for the coach driver to/from the hotel in Quebec City
• Motor coach parking fee at the Table Rock Welcome Center
• Taxes and Gratuities (Note: Gratuities for the local guides at 3.00 per person and coach driver at 5.00 per person are included.)

Pricing Information:

Please call for custom pricing.